PUBLIC MUTUAL
WHOLLY-OWNED SUBSIDIARY OF PUBLIC BANK

PUBLIC MUTUAL BERHAD

COURSE TITLE: COACHING FOR PERFORMANCE
GROUP: Group Agency Leaders
DATE: April 18-19, 2016
FACILITATOR: Wai K

1 – V. POOR 2 – POOR 3 – AVERAGE 4 – GOOD 5 – V GOOD

	PARTICIPANTS	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	Average
	Section 1: Facilitator																					
1	Knowledge of topic	5	5	5	5	5	4	5	5	5	5	5	5	5	5	5	5	5	5	5	5	**5.0**
2	Ability to lead the session	5	5	5	5	5	4	5	5	5	5	5	5	5	5	5	5	5	5	5	5	**5.0**
3	Ability to arouse and maintain interest	5	5	4	5	5	4	4	5	4	5	5	5	5	5	5	5	4	5	5	5	**4.8**
4	Ability to motivate and inspire	5	5	4	5	5	4	4	5	4	5	5	5	5	5	5	5	4	5	4	5	**4.7**
5	Ability to handle participant's questions	5	5	5	5	5	4	5	5	5	5	4	5	5	5	5	5	5	5	4	5	**4.9**
6	Clear presentation (tonal and vocal variety)	5	5	4	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	**5.0**
7	Excellent professionalism (image/ mannerism)	5	5	4	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	5	**5.0**
8	Sensitive to time management and punctual	5	5	5	5	5	4	4	5	4	5	5	5	5	5	5	5	4	5	4	5	**4.8**

1 – V. DISAGREE 2 – DISAGREE 3 – ACCEPTABLE 4 – AGREE 5 – STRONGLY AGREE

	Section 2: The Training																					
1	I can differentiate between the 4 helping skills	5	4	4	5	5	4	5	4	5	4	5	5	4	5	5	5	4	5	5	4	**4.6**
2	I know what it takes to be a good coach	5	5	5	5	5	4	5	4	5	4	5	5	5	5	5	5	4	5	5	4	**4.8**
3	I understand the coaching mindset	5	5	4	5	5	4	5	4	5	4	5	5	5	5	5	5	4	5	5	4	**4.7**
4	I'm able to build trust	5	5	4	5	5	4	5	4	5	4	5	5	5	5	5	5	4	5	4	4	**4.7**
5	I'm able to design and ask powerful questions	5	5	4	4	5	4	5	4	5	4	4	5	4	5	5	5	4	5	5	4	**4.6**
6	I'm able to ask high level questions	5	5	4	4	5	4	5	4	5	4	3	5	5	5	5	5	4	5	5	4	**4.6**
7	I'm able to employ active listening	5	5	5	5	5	4	5	4	5	4	4	5	5	5	5	5	4	5	4	4	**4.7**
8	I'm able to apply the GROW model	5	5	5	4	5	4	5	4	5	4	4	5	5	5	5	5	4	5	5	5	**4.7**
9	I'm able to help change happen	5	5	4	4	5	4	5	4	5	4	4	5	4	4	5	5	4	5	4	5	**4,5**

Other Comments

1. Very good and very applicable to my team.	2. Very good session. Well done!
3. I can do better recruitment and handling team with this session.	4. I discovered that coaching can make us feel great and provide good suggestions.
5. This program is very inspiring and very applicable.	5. excellent! I should attend this course 3 years ago!